#### **PARTICIPANTS:**

The Center is non-denominational and serves all people aged 60 or older that live within the City of Alexandria.

#### **NEW PARTICIPANT REGISTRATION:**

A short registration process is used to assess a prospective participant's needs and to meet Administrative requirements. Please call 703-751-2766 to make an appointment.

#### **SENIOR OPPORTUNITIES:**

The Center promotes happiness and independence through health and wellness, social, educational, recreational, and cultural opportunities. Referrals are made to other services throughout the community. Nutritious lunches are served daily.

#### **CENTER LOCATION:**

The Center is located at **4650 Taney Avenue**, **Alexandria**, across the street from the Patrick Henry Elementary School and Rec Center. Take Seminary Road to North Jordan then turn right on Taney Avenue.

#### TRANSPORTATION AND MEALS:

The City of Alexandria provides door-to-door bus transportation and daily lunch. Registered participants can make bus or meal reservations by calling 703-751-2766, one day in advance before 11:00 am.

#### PARTNERS OF ST. MARTIN DE PORRES SENIOR CENTER:

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.

#### **HELPFUL INFORMATION SOURCES:**

- City of Alexandria Division of Aging and Adult Services: 703-746-5999
- Alexandria DOT Transportation: 703-746-4079
- Alexandria Meals-On-Wheels: 703-836-4414 x.110 Marshall Hespe
- Alexandria Senior Taxi: 703-746-5999 x1
- Arlington County Agency on Aging: 703-228-1700
- Fairfax Area Agency on Aging: 703-324-7948
- Legal Services of Northern Virginia: 703-778-6800 Mon-Thurs 9:30-12:30, 1:30-3:30
- Catholic Charities Emergency Assistance: 703-548-4227, 703-548-4881
- Catholic Charities Diocese of Arlington Senior Services: 703-751-2766

### ST. MARTIN DE PORRES SENIOR CENTER STAFF:

Juanita Balenger, Senior Center Program Director Luis Angel, Senior Center Assistant Director Maria Mellor, Activities and Food Service Assistant, Volunteer Coordinator



## ST. MARTIN DE PORRES SENIOR CENTER

## **ALL SENIORS WELCOME!**

## Welcome Back!!

This senior center is a partnership funded by the City of Alexandria Department of Community and Human Services Division of Aging and Adult Services.



# **April 2024**

4650 Taney Ave. Alexandria, VA 22304

Phone: 703-751-2766

www.ccda.net/seniorservices/

**CENTER OPEN:** MONDAY – FRIDAY

8:30 A.M. – 1:30 P.M.

**OFFICE HOURS:** 8:30 A.M. – 4:30 P.M.

## \*\*Reminders\*\*

## **Additional Closures:**

## Monday April 1 Easter Monday

-Bus reservations must be made at least one day in advance by 11 am.



-Lunch reservations must be made at least one day in advance by 11am.

# Happy Birthday!

April Birthdays!

02 – Rosa Goff

13 – Neil de Jesus Mosquera

14 – Esther Ativie

14 – Tseggai Gide

17 – Susan Jackson

19 – Kyong McLean

20 – Legesse Erbo

24 – Bernice Haynes



Our Birthday Party will be on Wednesday, April 10

## FIELD TRIPS

# Wednesday, April 3: National Arboretum or Botanical Gardens

We will be enjoying the beautiful spring weather and nature by going on a day trip to the National Arboretum in DC. Get a chance to look at their exhibit on cherry blossoms in DC, look at the state trees, and multiple flowers throught the park. If it is raining, we will instead be going to the Botanical Gardens. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is April 2nd at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.

## Wednesday, April 24:

We will be returning the the African American Museum in Washington D.C. to see the second half of the museum that we didn't see the last time. The National Museum of African American History and Culture is a place where all Americans can learn about thehistory, richness, and diversity of the African American experience, what it means to their lives, and how it helped us shape our nation. Seating on the bus is limited to 24 seats, open on a first come first serve basis. Bus pick up begins at 8:30am and we will be leaving the center at 9:30. Last day to sign up is April 23rd at 11:30am. Please sign up with Maria in person while she is in her office to reserve your spot.